

THE WIGHT MOUSE INN ALLERGEN DATA SHEET

WINTER MENU 2024-25



REVIEWED BY:

A. BIRD


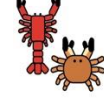
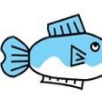


























I. FORD

& K. WINSOR-VINEY

DATE: 27.09.24

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - STARTERS

 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
SOUP	SOUP CHANGES FREQUENTLY – PLEASE ASK MEMBER OF STAFF FOR ALLERGENS													
PIRI WINGS														
CALAMARI														
MUSHROOMS ON TOAST		 												
PRAWN COCKTAIL		 												
CHICKEN CAESAR SALAD		 												
CAMEMBERT		 												

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - SHARERS



= ONLY IN SALAD DRESSING



= GF OPTION AVAILABLE





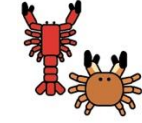

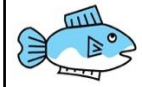
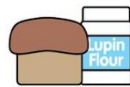
























= ONLY IN SOUR CREAM

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
CHILLI NACHOS							✓							✓
BLACK BEAN NACHOS							✓ 							✓
PLOUGH MANS	✓	✓ 					✓		✓					
VEGGIE PLOUGH MANS	✓	✓ SAUSAGES = MAY					✓		✓					 SAUSAGES =MAY
COMBO		✓ 		✓			✓		✓					✓

THIS™ ISN'T PORK PLANT BASED SAUSAGES DO NOT HAVE ANY GLUTEN CONTAINING INGREDIENTS. BUT ARE MADE IN A FACTORY WHERE GLUTEN IS PRESENT & THEREFORE PRESENT A 'MAY CONTAIN' WARNING





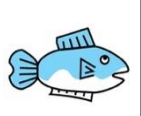
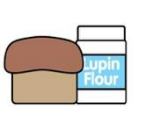















DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN – JACKET POTATOES

 = ONLY IN SALAD DRESSING
  = GF OPTION AVAILABLE
  = ONLY IN ACCOMPANYING BUTTER PORTION
 = ONLY IN SOUR CREAM

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
CHEDDAR							✓							
BACON														
BEANS														
COLESLAW				✓					✓					
CHILLI CON CARNE							 							✓
BLACK-BEAN CHILLI							 							✓

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN – JACKET POTATOES

 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE  = ONLY IN ACCOMPANYING BUTTER PORTION

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
PRAWN MARIE ROSE														
VEGAN CHEESE														

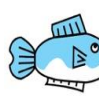

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - SANDWICHES/BAGUETTES

 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE-ONLY SANDWICHES APPLICABLE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
CLUB														
PRAWN, MARIE ROSE														
FISH FINGER														
SAUSAGE & CHUTNEY														
HAM & MUSTARD														
M.L.T														
TOASTIE														

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - MAINS

 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE  = ONLY IN MASHED POTATO

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
STEAK & ALE PIE		✓		✓										
FISH & CHIPS		✓			✓									
CHIP SHOP PLATTER		✓	✓		✓		✓						✓	✓
SCAMPI & CHIPS		✓	✓											
HUNTERS CHICKEN				✓			✓		✓					
RIB WING COMBO				✓					✓					✓
HAM & EGGS				✓										

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN – MAINS



= ONLY IN SALAD DRESSING



= GF OPTION AVAILABLE



= ONLY IN SOUR CREAM



= ONLY IN MASHED POTATO

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
SAUSAGE & MASH														
BEEF CHILLI CON CARNE														
FISH PIE														
BEEF LASAGNE														
CHICKEN CURRY														

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - MAINS



= ONLY IN SALAD DRESSING



= GF OPTION AVAILABLE



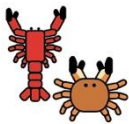

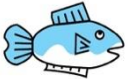
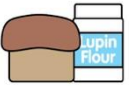















= ONLY IN MASHED POTATO




DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
CRAB LINGUINE		✓	✓				✓							✓
SALMON FILLET			✓		✓		✓							✓
PORK BELLY														
BEEF STEW									✓					✓
CAESAR				✓			✓		✓					✓













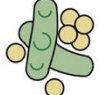





DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN – VEGGIE/VEGAN

 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE  = ONLY IN SOUR CREAM  = ONLY IN MASHED POTATO

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
MAC N CHEESE		✓					✓		✓					
VEGETABLE PIE		✓												✓
VEGGIE LASAGNE	✓	✓		✓			✓							✓
BLACK-BEAN CHILLI														✓
VEGETABLE CURRY							✓		✓					✓
STROGAN OFF									✓					✓
VEGGIE CAESAR	✓	✓		✓					✓					✓

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN – VEGGIE/VEGAN

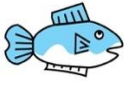
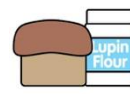








 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE  = ONLY IN SOUR CREAM  = ONLY IN MASHED POTATO

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
THIS SAUSAGE & MASH		 IN ONION RINGS MAY												SAUSAGES =MAY
SAUSAGE STEW		MAY												

THIS™ ISN'T PORK PLANT BASED SAUSAGES DO NOT HAVE ANY GLUTEN CONTAINING INGREDIENTS. BUT ARE MADE IN A FACTORY WHERE GLUTEN IS PRESENT & THEREFORE PRESENT A 'MAY CONTAIN' WARNING

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN – BURGERS

 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
CLASSIC BURGER														
CHEDDAR /STILTON & BACON BURGER														
MEXICAN BURGER														
ULTIMATE BACON & CHEESE BURGER														
CHICKEN CAESAR BURGER														
THE BIG CHICK														

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN – VEGGIE BURGERS



= ONLY IN SALAD DRESSING



= GF OPTION AVAILABLE


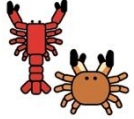
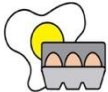
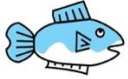


*TENNESSEE BURGER BUNS CONTAIN EGG & MILK – SWAP OUT TO OUR FLOURY BAP FOR NON EGG & MILK ALTERNATIVE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
MIAMI LOUISI- ANA MAC N CHS BGR	✓	✓		✓			✓		✓					
THIS ISNT BURGER		 MAY		✓			✓		✓				MAY	
VEGAN CHEESE														

THIS™ ISN'T BEEF PLANT BASED BURGERS DO NOT HAVE ANY GLUTEN CONTAINING INGREDIENTS. BUT ARE MADE IN A FACTORY WHERE GLUTEN IS PRESENT & THEREFORE PRESENT A 'MAY CONTAIN' WARNING

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN – FROM THE GRILL

 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
RUMP STEAK														
MIXED GRILL														
GAMMON				 AVAI-LABLE WITH PINEAPPLE INSTEAD										
PEPPER- CORN														
BLUE CHEESE														

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - KIDS



= ONLY IN SALAD DRESSING



= GF OPTION AVAILABLE



= ONLY IN MASHED POTATO

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
STEAK PIE		✓		✓			✓							
RUMP STEAK														
GAMMON				✓										
HAM & EGGS				✓										
PORK SAUSAGES														✓
THIS ISN'T PORK SAUSAGES		MAY												MAY

THIS™ ISN'T PORK PLANT BASED SAUSAGES DO NOT HAVE ANY GLUTEN CONTAINING INGREDIENTS.
BUT ARE MADE IN A FACTORY WHERE GLUTEN IS PRESENT & THEREFORE PRESENT A 'MAY CONTAIN' WARNING



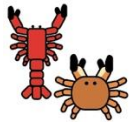
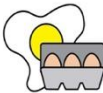
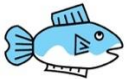
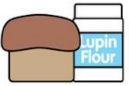








DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - KIDS

 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
FISH PIE			✓		✓		✓							✓
SCAMPI		✓	✓											
WIGHT MOUSE PIZZA		✓					✓							
JAM SANDWICH							✓							
CHEESE SANDWICH							✓							

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - SIDES

 = ONLY IN SALAD DRESSING  = GF OPTION AVAILABLE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
CHIPS														
CHEESY CHIPS							✓							
ONION RINGS		✓												
SWEET POTATO FRIES														
GARLIC BREAD		✓					✓							✓
CHEESY GARLIC BREAD		✓					✓							✓
VEGE- TABLES													CHECK VEG OF THE DAY – BROCCOLI/CAULI CONTAIN SULPHITES	

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - DESSERTS



= CHOCOLATE WHITE MOUSE SERVED WITH EVERY PUDDING CONTAINS GLUTEN


























= GF OPTION AVAILABLE

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
WHITE CHOCO-LATE MOUSE		✓					✓						✓	
CHOCO- LATE FUDGE CAKE		✓		✓			✓			MAY			✓	
CRUMBLE		 												
STICKY TOFFEE PUDDING		✓		✓			✓						✓	
CRÈME BRULEE		 		✓			✓							
CHEESE & BISCUITS	✓	✓					✓		✓					

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - DESSERTS


 = CHOCOLATE WHITE MOUSE SERVED WITH EVERY PUDDING CONTAINS GLUTEN

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
ICE CREAM ONLY FOR I/C ON MENU				MAY							MAY	MAY		
SORBET				MAY			MAY			MAY	MAY		MAY	
VEGAN ICE CREAM		MAY					MAY			MAY	MAY			
KIDS FUDGE CAKE SUNDAE														
KIDS JELLY & ICE CREAM														
KIDS ICE CREAM														



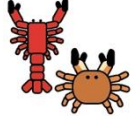
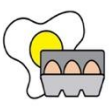
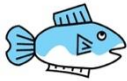









DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN – TABLE SAUCES

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
RUBIES IN THE RUBBLE KETCHUP														
MAYONNAISE HEINZ				✓					✓					
MAYONNAISE HELLMANS				✓										
DADDIES BROWN SAUCE		✓												
COLMANS ENGLISH MUSTARD		✓							✓					
HEINZ SALAD CREAM				✓					✓					
SARSONS VINEGAR		✓												
TARTARE				✓					✓					




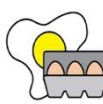
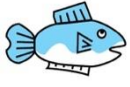
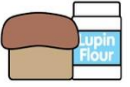








DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - SAUCES

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
TOMATO CHUTNEY									✓					
GUAC-AMOLE														✓
SALSA														
SOUR CREAM							✓							
PEPPER-CORN							✓							
BLUE CHEESE							✓							
TARTARE				✓					✓					
BOOKER MAYO-NNAISE				✓					✓					

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN -BREAKFAST

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
YOG- HURTS							✓							
CROSS- IANTS		✓					✓			✓ MAY CONTAIN				
PAN AU CHOCO- LATE		✓					✓			✓ MAY CONTAIN		AS SUBJECT	✓ TO CHANGE	
GLUTEN FREE MUESELI														
GLUTEN FREE CORN FLAKES														

DISHES AND THEIR ALLERGEN CONTENT - THE WIGHT MOUSE INN - ICE CREAM

DISHES														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
LOTUS		✓		MAY			✓			MAY	MAY		✓	
CHOC				MAY			✓			MAY	MAY		✓	
VANILLA				MAY			✓			MAY	MAY		MAY	
MINT CHOC CHIP				MAY			✓			MAY	MAY		✓	
COOKIE CRUMBLE				MAY			✓			MAY	MAY		✓	
BLACK- CURRANT & CLOTTED CREAM				MAY			✓			MAY	MAY		MAY	
BUBBLE- GUM				MAY			✓			MAY	MAY		MAY	

MAY = MAY CONTAIN. MADE IN A FACTORY CONTAINING THIS INGREDIENT. ALL FACILITIES IN FACTORY CLEANED AND SWABBED BEFORE NEW PRODUCT MADE IF SAYS MAY CONTAIN

